

Growthmeter	Step 1	Step 2	Step 3	Step 4	Step 5
Long-term vision	The local government makes health a policy priority by signing the Healthy Municipalities charter.	The local government includes health in the annual policy paper of different local administrations.	The local government includes health in the long term policy planning	The local government includes a 'health reflex' in all local administrations.	The health issue is institutionalized in the local policy with an ongoing attention to monitoring.
Intersectoral collaboration and networking	The local government involves experts from different expertise fields for the development and implementation of local actions & projects.	The local government joins local health coalitions to increase their knowledge about different health topics and to strengthen their network.	The local government involves local professionals for the development and implementation of local actions.	The local government organizes meetings with regional and local professionals on a regular basis to discuss the local health policy.	The local government has full responsibility over the local health policy.
Civic participation	The local government involves civic associations for the development and implementation of local actions.	The local government stimulates civic participation by listening frequently to the needs and wishes of the members of the community.	The local government organizes a structural advisory board of members of the community to debate about health topics.	Beside the structural advisory board there is also an opportunity for members of the community who are not involved in an association to participate in the local health policy.	The local government provides grants/ subsidies for local associations or civilians who want to organize local health promoting actions.
Administrative power	The local government provides appropriate accommodation for the Healthy Municipalities working group to facilitate a good development, implementation and evaluation of local actions.	Members of the Healthy Municipalities working group gain expertise about health promotion and disease prevention by following courses or training.	There is an alderman and a civil servant who have health issues on their policy agenda.	The civil servant who's responsible for Healthy Municipalities follows yearly a course or training about health promotion and disease prevention.	A civil servant is authorized to spend a half of his/her time on health and the development of the health policy.
Communication	The local government includes yearly a few articles about health promotion and disease prevention in the local communication outlets. The local government uses the Healthy Municipalities promotion materials for all communication about their health policy.	The local government stimulates local coalitions and local professionals to use the Healthy Municipalities promotion materials consistently in all communication outlets.	The local government releases a yearly update about their health policy in the municipal council.	The local government communicates about their regional and local health promotion programme and interventions through their own communication outlets (magazines, websites, folder, app).	All counter clerks are capable of answering questions about health issues or are able to make a referral to the appropriate information channels.
Local administration as an example	The local government organizes yearly a health promotion related intervention for it's own employees. This intervention should be based on the principles of project planning.	The local government organizes yearly multiple health promotion related interventions for it's own employees. These interventions should be based on the principles of project planning.	All aldermen serve as a role model and try to adopt a healthy lifestyle.	The local government acts as an ambassador on events, workshops and courses who are related to health.	Health is implemented in a sustainable staff policy.
A mix of interventions	The local government organizes yearly a health promotion related mix of interventions for all members of the community. This intervention should be based on the project planning principles.	The local government organizes yearly a health promotion related mix of interventions for specific target groups (eg. seniors, minority groups,...)	The local government organizes a local health promotion programme on a regular basis. The programme should be based on the project planning principles.	The local government takes initiative on a regular basis to organize a regional health promotion programme.	All actions and interventions are based on the project planning principles and are tailored to the needs of each target population.